

**PRAYERS ARE REQUESTED FOR ...**

*The health and salvation of –*

Abducted Bishops Paul & John	Pauline
Hieroschemamonk Ambrose	Ann
Archpriest Eugene	Stefan
Archpriest Michael	John
Priest Kyrill & family	Vivian
Priest James	Jung Sook
Priest John	Thomas
Reader Aleksei	Cheyenne
Reader Sergei	Nancy
Monk Philaret	Randall
Matushka Mary	Rose
Matushka Mary Sara	Don
Marie	Norma
John • Euphrosynos	James
Virginia • Thomas	
John • Luke	
Catechumen Rebecca	
Catechumen Jennifer	

*The repose and salvation of –*

Dzulietta (Sept. 19)

*Please let Father know if there are any names you would like added to the list.*

***Next Sunday, November 5 – Church school***

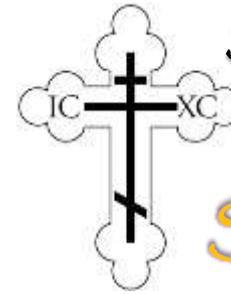
**Saturday, November 11, 4:00 – Choir Practice**

**Saturday, Nov. 11, 5:30 – Great Vespers & Confession**

**Sunday, November 12 – Parish Council**

***Nativity Fast begins on Wednesday, November 15***

*A mission parish under the omophorion of His Eminence Benjamin,  
Archbishop of San Francisco and the Diocese of the West,  
Orthodox Church in America*



**ST TIKHON ORTHODOX  
CHRISTIAN CHURCH**

**Sunday, October 29, 2017**

**Martyr Anastasia the Roman**



*Gregorion Monastery, Mount Athos*

Sunday Hours & Divine Liturgy at 9:10 AM, followed by agape potluck  
Wednesdays 6:30 PM – Evening Prayers & Saints of the Day  
Other services as announced

Rev. Alexander Vallens, *Rector*  
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## Martyr Anastasia the Roman

The Martyr Anastasia the Roman lost her parents in infancy, and was then taken to be reared by the abbess of a women's monastery, named Sophia. She raised Anastasia in fervent faith, in the fear of God and obedience.

The persecution against Christians by the emperor Decius (249-251) began at that time. The city administrator, Probus, on the orders of the emperor commanded that Anastasia be brought to him. Blessed by her abbess to suffer for Christ, the young martyr Anastasia humbly came out to meet the armed soldiers. Seeing her youth and beauty, Probus first attempted flattery to make her deny Christ.

“Why waste your youth, deprived of pleasure? What is there to gain by enduring tortures and death for the Crucified? Worship our gods, marry a handsome husband, and live in glory and honor.” The saint steadfastly replied, “My spouse, my riches, my life and my happiness are my Lord Jesus Christ, and you will not turn me away from Him by your deceit!”

Probus subjected Anastasia to fierce tortures. The holy martyr bravely endured them, glorifying and praising the Lord. In anger the torturers cut out her tongue. The people, seeing the inhuman and disgusting treatment of the saint, became indignant, and the ruler was compelled to end the tortures by beheading the martyr. In this manner, Saint Anastasia received the crown of martyrdom.

The body of the saint was thrown out beyond the city to be eaten by wild animals, but the Lord did not permit her holy relics to be dishonored. At the command of a holy angel, Abbess Sophia went to find St Anastasia's mutilated body. With the help of two Christians, she buried it in the earth. Her shin-bone with skin on it as well as her right hand are kept at Gregoriou Monastery in Mount Athos.

***Also this week:** Hieromartyr Zenobias and his sister Zenobia (October 30); Apostles of the Seventy: Stachys, Amplias, Narcissus, Apelles, Aristobulus; HIEROMARTYR ARCHPRIEST JOHN KOCHUROV (October 31); Holy Wonderworkers and Unmercenarys Cosmas and Damian of Mesopotamia, and their mother St Theodota (November 1); Martyrs Acindynus, Pegasus, Aphthonius, Elpidophorus, and Anempodistus of Persia (November 2); Martyrs Aepsimas the Bishop, Joseph the Presbyter, and Aithalas the Deacon, of Persia (November 3); Ven. Joannicius the Great (November 4).*

*\* Regular fasting this week \**

**Epistle:** Galatians 2:16-20 (Sunday)

**Gospel:** Luke 8:26-39 (Sunday)

### Troparion – Tone 4 (Resurrection)

When the women disciples of the Lord learned from the angel /  
The joyous message of Thy Resurrection; / They cast away the ancestral curse /  
And elatedly told the apostles: / Death is overthrown! / Christ God is risen, ///  
Granting the world great mercy.

### Troparion – Tone 4 (Martyr)

O Jesus, Thy lamb Anastasia / Cries out to Thee with great love: /  
“O my Bridegroom, I long for Thee in pain, /  
I am crucified with Thee, and in baptism buried with Thee; /  
I suffer for Thy sake in order to reign with Thee, /  
I die for Thee in order to live in Thee. / Accept me as a spotless victim /  
Since I am put to death because of my love for Thee.” ///  
Through her prayers, O Merciful One, save our souls.

### Troparion – Tone 8 (St. Abramius)

The image of God was *truly* preserved in thee, O Father, /  
For thou didst take up thy *cross* and follow Christ /  
By so doing thou didst *teach* us to disregard the flesh, for it passes away /  
But to care instead for the *soul*, since it is immortal ///  
Therefore thy spirit, O *holy* Abramius, rejoices with the angels.

### Kontakion – Tone 4 (Resurrection)

My Savior and Redeemer as God /  
Rose from the tomb and delivered the earthborn from their chains. /  
He has shattered the gates of hades, / And as Master, ///  
He has risen on the third day!

### Kontakion – Tone 3 (Martyr)

Cleansed by the waters of virginity, O Anastasia, /  
And crowned with the blood of martyrdom, /  
Thou dost grant healing to those who suffer from sicknesses /  
And salvation to those who approach thee with their whole heart, ///  
For Christ the bountiful hath granted *thee* this power

### Kontakion – Tone 3 (St. Abramius)

Thou wast revealed on earth to be an *angel* in the flesh /  
And through fasting thou didst show thyself to be like a tree /  
Planted near the waters of abstinence /  
Washing defilement away with the torrents of thy tears. ///  
Therefore, thou art revealed as a divine dwelling of the Holy Spirit, O Abramius.